



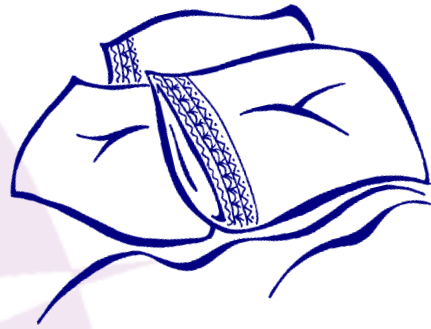
Advanced Professional Development Series

Children, young people & family violence

Child sexual abuse, physical abuse and exposure to domestic violence is not only a highly prevalent public health and social problem but it has been associated with a range of debilitating psychosocial and behavioural problems in children and young people.

These are interactive skills based and knowledge enrichment sessions facilitated by a range of skilled trainers/practitioners designed to enhance workers capacity to respond to children and young people impacted upon by abuse.

Professor Cathy Humphreys
and Donna Zander present:



STAYING AWAKE!

Putting Sleep on the Domestic Violence Agenda

Sleep disruption is both a strategy and an effect of violence and abuse which profoundly effects the lives of women and children.

This session will look at the new research that traces the interconnections between the patterns of sleeping (not sleeping) for women and children living with and recovering from the effects of violence and abuse. It is based on pilot studies by Professor Cathy Humphreys in which mothers reported the effects of domestic violence on their sleep and on that of their children. Mothers reported that many of their children experienced nightmares, bed-wetting, night panics and disrupted sleep patterns. Recovery of the ability to sleep was often slow and uneven with interactive effects between women and children slowing the progress of recovery. Implications for practice will be explored and practical strategies to deal with the issues identified.

Date: Thursday July 17th
Time: 10am – 1.00pm
Venue: Koori Heritage Trust - King Street, MELBOURNE
Cost: \$50 per participant
Facilitators: Cathy Humphreys
Alfred Felton Chair in Child and Family Welfare
School of Social Work, University of Melbourne
Donna Zander
DVRC Training Consultant

Registration: Please register by Thursday 3 July (*registration FORM over page*)

Contact: DVRC on 9486 9866 or dvrvc@dvrvcv.org.au

This form can be used as a TAX INVOICE
DVRCV ABN 31 202 397 579

Registration for:
STAYING AWAKE - Putting Sleep on the Domestic Violence Agenda
17 July, 2008

FAX BACK form to DVRCV on fax **9486 9744**

Name/s:

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Organisation:

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Address:

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Phone: Email:.....

Amount: \$.....

Payment by Credit Card: Visa Mastercard please tick

Name on Card:

Card Number:

Expiry Date:

Amount: \$.....

Signature of Card Holder:.....



• Domestic Violence Resource Centre - DVRCV •

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